

Walnut oil

Juglans regia

VIRGIN WALNUT OIL · JUGLANS REGIA · ATLAS MOROCCO & CHINA · B2B EXPORT

Technical profile

Detailed profile and comparisons in the sections below.

| | |
|--------------------------------|------------------------|
| ALA (Ω -3) | 10 - 16% |
| Linoleic (Ω -6) | 55 - 60% |
| Ω -6/ Ω -3 ratio | 4/1 to 5/1 |
| γ -tocopherol (Atlas) | 188 - 230 mg/kg |

| | |
|----------------|---|
| Comedogenicity | 2 |
| Usage | Cold only |
| Traceability | Cooperative · altitude · harvest |