

# Walnut oil

Juglans regia

VIRGIN WALNUT OIL · JUGLANS REGIA · ATLAS MOROCCO & CHINA · B2B EXPORT

## Technical profile

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Detailed profile and comparisons in the sections below.

ALA (Ω-3)	<b>10 - 16%</b>
Linoleic (Ω-6)	<b>55 - 60%</b>
Ω-6/Ω-3 ratio	<b>4/1 to 5/1</b>
γ-tocopherol (Atlas)	<b>188 - 230 mg/kg</b>

Comedogenicity	<b>2</b>
Usage	<b>Cold only</b>
Traceability	<b>Cooperative · altitude · harvest</b>