

Walnut oil

Juglans regia

VIRGIN WALNUT OIL · JUGLANS REGIA · ATLAS MOROCCO & CHINA · B2B EXPORT

Technical profile

Detailed profile and comparisons in the sections below.

ALA (Ω-3)	10 - 16%
Linoleic (Ω-6)	55 - 60%
Ω-6/Ω-3 ratio	4/1 to 5/1
γ-tocopherol (Atlas)	188 - 230 mg/kg

Comedogenicity	2
Usage	Cold only
Traceability	Cooperative · altitude · harvest